



HEALTH 2 GO

Progress Report through December 31, 2023

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castapebble

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THE UNIVERSITY OF UTAH
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Health 2 Go Program Overview

Health 2 Go (H2Go) is a community-based primary healthcare program that focuses on improving the health of communities. While the traditional model of healthcare requires people to go to facilities to access basic services, H2Go employs the approach of bringing the health system to the doorsteps of families. The program is designed to overcome obstacles that cause similar programs to fail and to support countries in reaching United Nations' Sustainable Development Goals (SDGs). Specifically, H2Go aims to contribute to SDG targets 3.2, which seeks to reduce child mortality, and 3.8, which aims to achieve universal health coverage.

Health 2 Go delivers the health system to communities:

- Builds community capacity through education and health promotion
- Manages basic illnesses in communities
- Bridges the gap between health system and communities
- Connects complicated illnesses to health facilities

Health 2 Go Mechanisms include:








- Appropriate use of the healthcare system
- Community Health Workers known as Community Based Agents (CBAs)
- World Health Organization (WHO)/UNICEF Integrated Community Case Management of Childhood Illness (iCCM)
- Children under age 5 → mothers → families → communities

Health 2 Go overcomes common challenges of community-based programs:

COMMON CHALLENGES

- Insufficient training
- Inconsistent access to equipment, medicines, and supplies
- Limited supervision structure
- Disengaged communities
- Disconnected from formal health system
- Poor emphasis on prevention
- Ineffective consumer branding

HEALTH 2 GO SOLUTIONS

-  Ongoing high-quality training
-  Consistent provision of durable equipment, medicines, and supplies
-  Regular supportive supervision
-  Continual community engagement
-  Clear integration into formal health system
-  Prevention, health promotion, and early treatment emphasized
-  Effective consumer branding

H2Go is currently implemented in two geographically diverse areas in Ghana. The overarching goals, which we are actively pursuing, are for H2Go to be scalable to a level that allows for country-wide implementation and to be able to adapt and expand this program to other countries.

Health 2 Go: Wawase CHPS Zone Pilot

Implementation Overview

H2Go launched in six (6) small communities in the Wawase CHPS zone in the Kpong sub-district of the Lower Manya Krobo District in the Eastern Region of Ghana on October 24, 2016. Approximately 1,500 people in these communities are being served by 10 H2Go CBAs. A list and map of these communities is listed on page 8.

H2Go Wawase CHPS Zone Recent Activities

Among approximately 200 children under age 5 during the quarter Oct. 2023 – Dec. 2023:

- 200 illnesses managed in the community by H2Go CBAs
 - 132 malaria; 31 diarrhea; 37 pneumonia/Acute Respiratory Illness (ARI)
- 0 referrals were made to health facilities for serious and life-threatening illnesses
- 434 home visits



The most recent refresher training occurred March 31, 2023. The training was at the Ensign Global College in Kpong, Ghana and was attended by a total of 20 participants. Participants included Ghana Health Service Personnel trained as H2Go facilitators/managers and supervisors, H2Go Wawase CBAs (including the first training for a replacement CBA for the Piengua community), and H2Go team members, including Dr. Stephen Manortey, Ghana country H2Go Principal Investigator (PI).

Health 2 Go BCCDP Demonstration Project

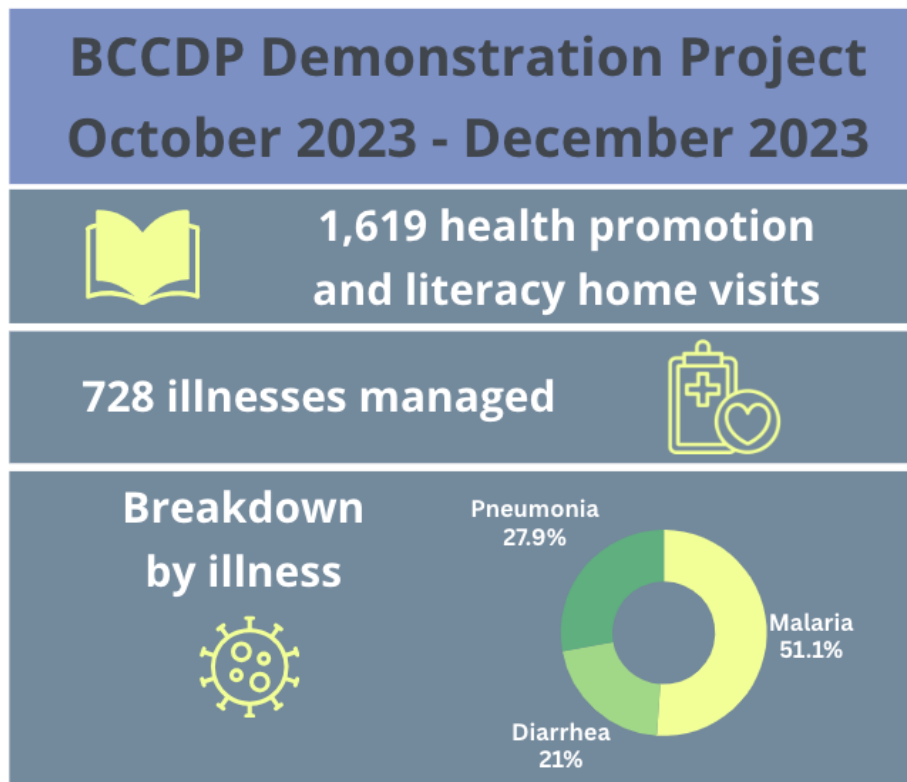
Implementation Overview

The expansion of H2Go into a larger demonstration project called the Berekuma Community Collaborative Development Program (BCCDP) follows the success of the Kpong Pilot, launched in May 2018. Approximately 20,000 people in 20 rural communities in the Atwima Nwabiagya North District near Kumasi in the Ashanti Region are being served by 28 H2Go CBAs. A list and map of these communities is listed on page 8.

H2Go BCCDP Recent Activities

Among approximately 2,200 children under age 5 during the quarter Oct. 2023 – Dec. 2023:

- 728 illnesses managed in the community by H2Go CBAs
 - 372 malaria; 153 diarrhea; 203 pneumonia/Acute Respiratory Illness (ARI)
- 64 referrals were made to health facilities for serious and life-threatening illnesses
- 1,619 home visits



The most recent refresher training occurred August 29, 2023. The training was at the Atwima Nwabiagya North District Assembly office in Berekese, Ghana and was attended by a total of 41 participants. Participants included Ghana Health Service Personnel trained as H2Go facilitators/managers and supervisors, H2Go BCCDP CBAs, and H2Go team members, including Gideon Acheampong, Ghana country H2Go Project Coordinator.

Health 2 Go Project Results Since Inception

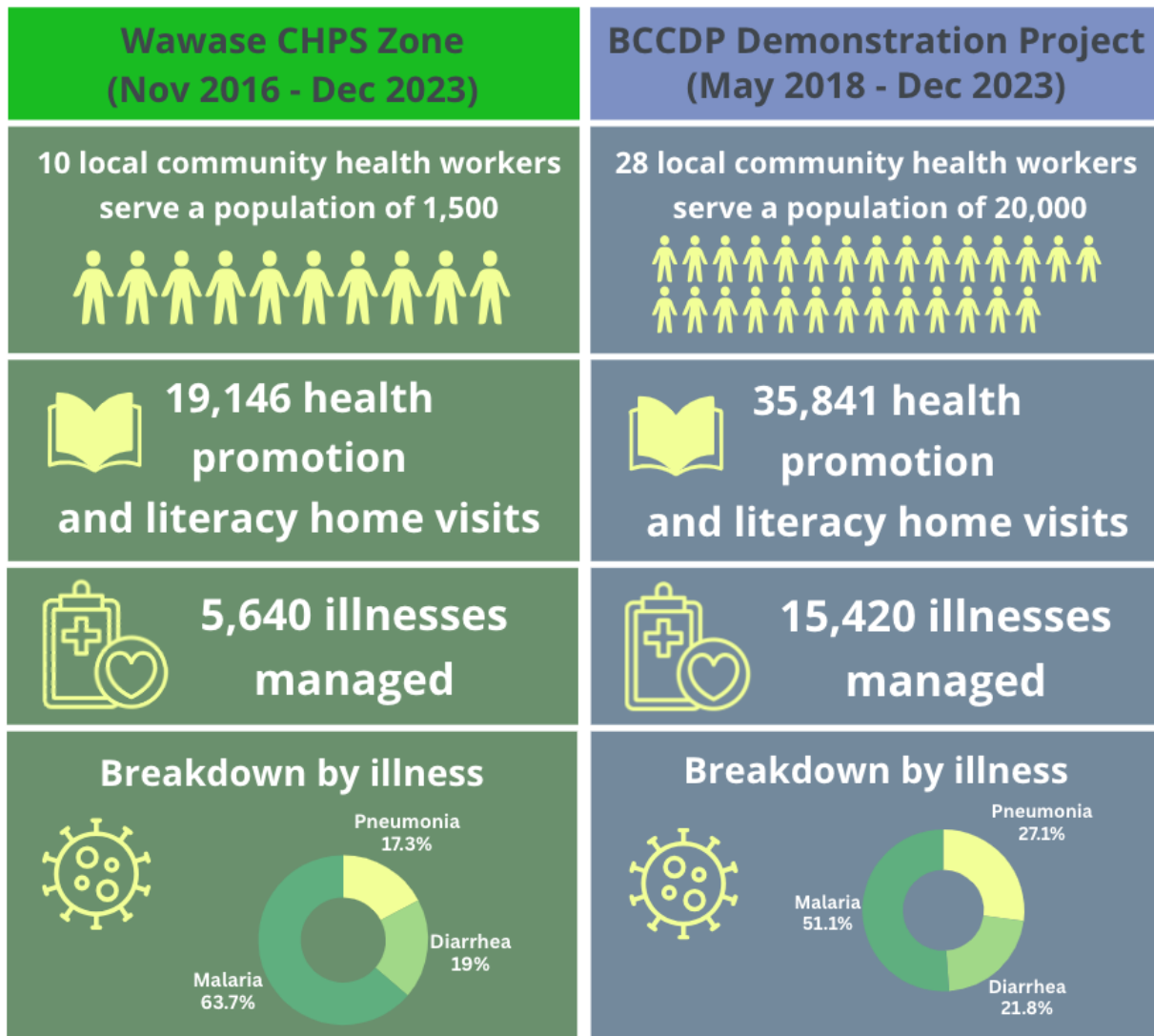
Results Overview

Wawase CHPS Zone: Among approximately 200 children under age 5, (November 2016 – December 2023):

- 5,640 illnesses managed; 3,594 malaria; 1,072 diarrhea; 974 pneumonia
- 210 referred to health facilities for serious and life-threatening illnesses
- 19,146 home visits

BCCDP Demonstration Project: Among approximately 2,200 children under age 5, (October 2018 – December 2023):

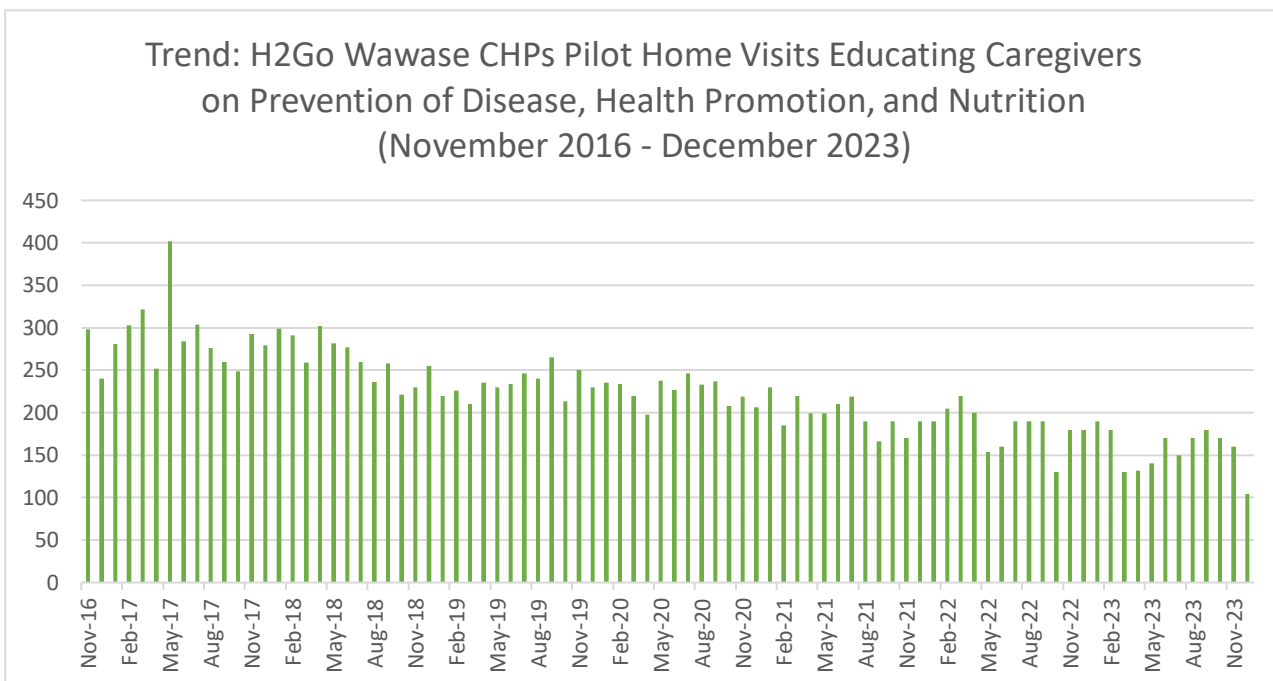
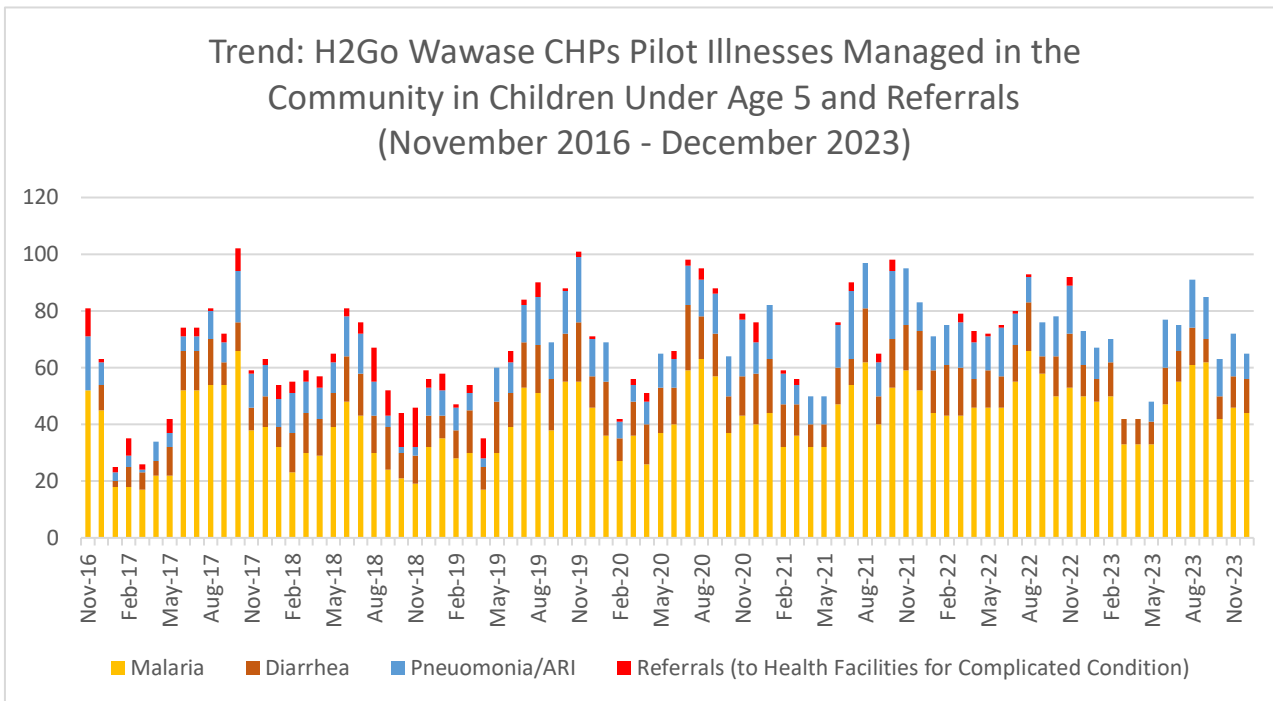
- 15,420 illnesses managed: 7,887 malaria; 3,359 diarrhea; 4,174 pneumonia
- 846 referred to health facilities for serious and life-threatening illnesses
- 35,841 home visits



Wawase CHPS Zone Trends to Date (November 2016 – December 2023)

Among approximately 200 children under age 5:

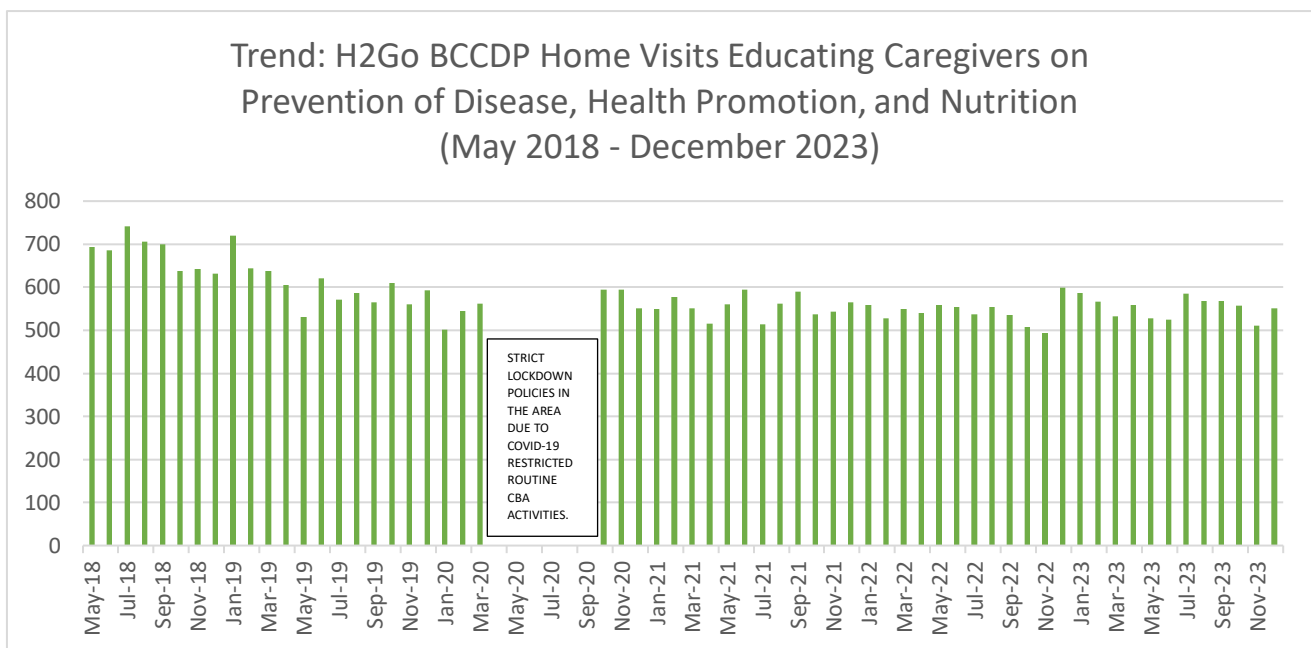
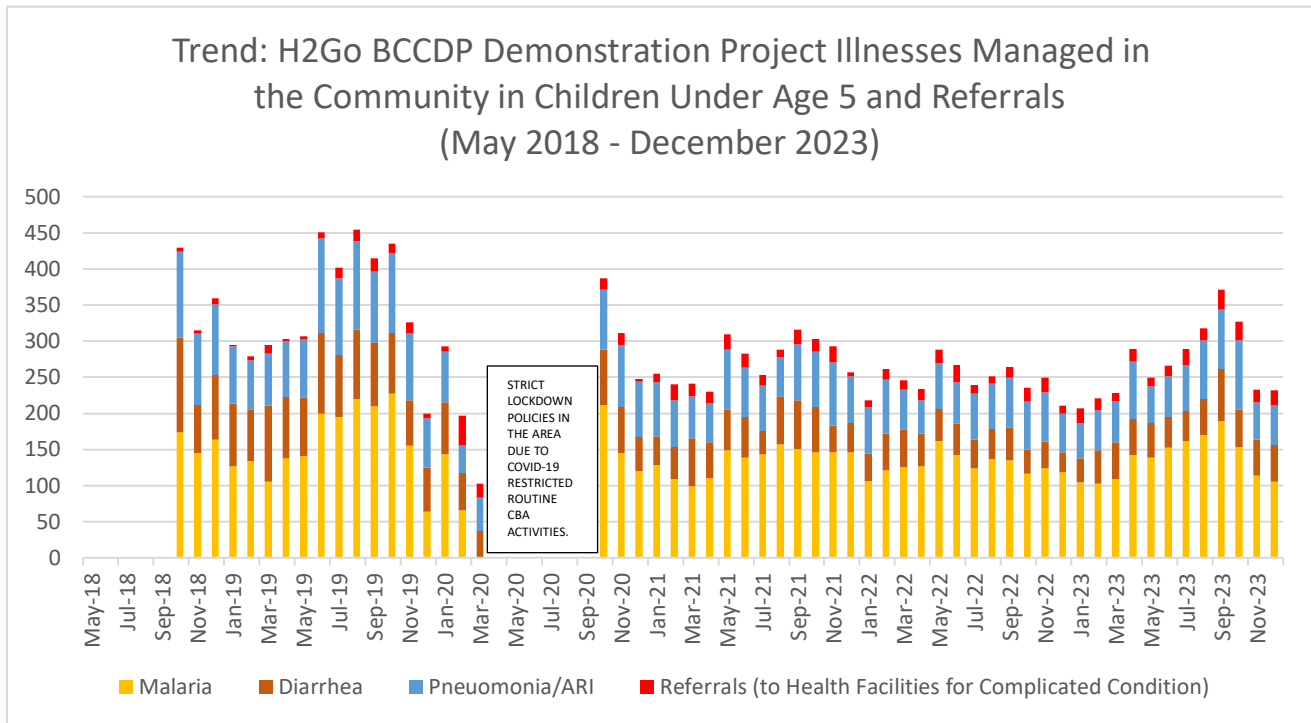
- 5,440 illnesses managed in the community by H2Go Wawase CHPS Zone CBAs
 - 3,462 malaria; 1,041 diarrhea; 937 pneumonia/Acute Respiratory Illness (ARI)
- 210 referrals for serious and life-threatening illnesses
- 18,712 home visits



BCCDP Demonstration Trends to Date (May 2018 – December 2023)

Among approximately 2,200 children under age 5:

- 15,420 illnesses managed in the community by H2Go BCCDP CBAs
 - 7,887 malaria; 3,359 diarrhea; 4,174 pneumonia/Acute Respiratory Illness (ARI)
- 846 referrals for serious and life-threatening illnesses
- 35,841 home visits



*CBAs did not have medicines until Oct. 2018, but began conducting home visits in May 2018

