



health2go

# HEALTH 2 GO

Progress Report through September 30, 2024

Finalized: November 27, 2024

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castapebble

 **ENSIGN GLOBAL**  
COLLEGE

 **CENTER FOR BUSINESS,  
HEALTH, AND PROSPERITY**  
THE UNIVERSITY OF UTAH  
DAVID ECCLES SCHOOL OF BUSINESS



## Health 2 Go Program Overview

Health 2 Go (H2Go) is a community-based primary healthcare program that focuses on improving the health of communities. While the traditional model of healthcare requires people to go to facilities to access basic services, H2Go employs the approach of bringing the health system to the doorsteps of families. The program is designed to overcome obstacles that cause similar programs to fail and to support countries in reaching United Nations' Sustainable Development Goals (SDGs). Specifically, H2Go aims to contribute to SDG targets 3.2, which seeks to reduce child mortality, and 3.8, which aims to achieve universal health coverage.

### Health 2 Go delivers the health system to communities:

- Builds community capacity through education and health promotion
- Manages basic illnesses in communities
- Bridges the gap between health system and communities
- Connects complicated illnesses to health facilities

### Health 2 Go Mechanisms include:








- Appropriate use of the healthcare system
- Community Health Workers known as Community Based Agents (CBAs)
- World Health Organization (WHO)/UNICEF Integrated Community Case Management of Childhood Illness (iCCM)
- Children under age 5 → mothers → families → communities

### Health 2 Go overcomes common challenges of community-based programs:

#### COMMON CHALLENGES

- Insufficient training
- Inconsistent access to equipment, medicines, and supplies
- Limited supervision structure
- Disengaged communities
- Disconnected from formal health system
- Poor emphasis on prevention
- Ineffective consumer branding

#### HEALTH 2 GO SOLUTIONS

-  Ongoing high-quality training
-  Consistent provision of durable equipment, medicines, and supplies
-  Regular supportive supervision
-  Continual community engagement
-  Clear integration into formal health system
-  Prevention, health promotion, and early treatment emphasized
-  Effective consumer branding

H2Go is currently implemented in two geographically diverse areas in Ghana. The overarching goals, which we are actively pursuing, are for H2Go to be scalable to a level that allows for country-wide implementation and to be able to adapt and expand this program to other countries.

## Health 2 Go: Wawase CHPS Zone Pilot

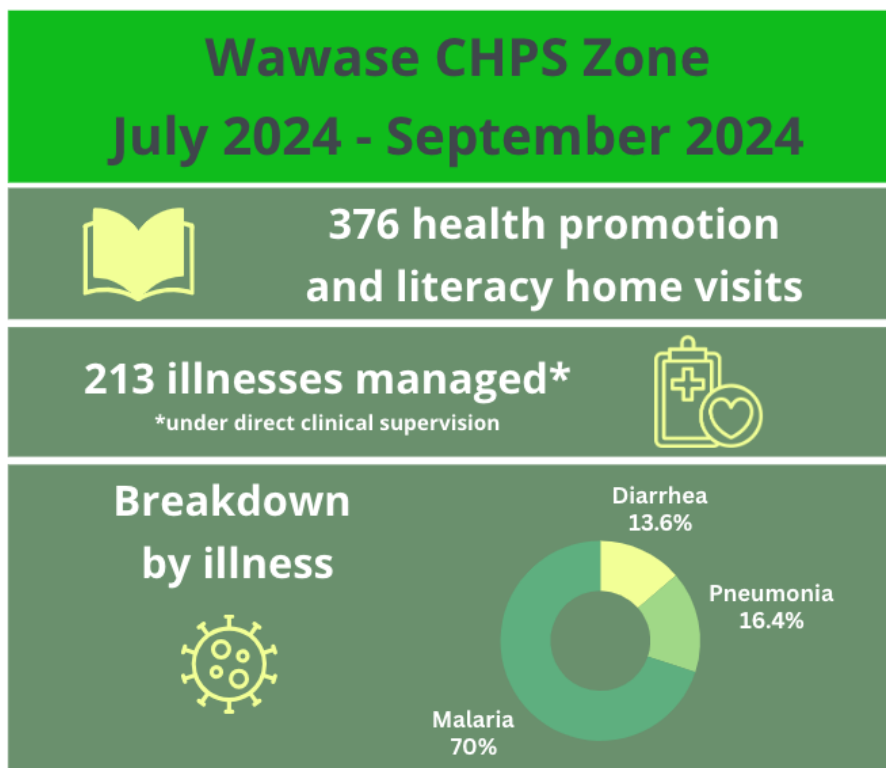
### Implementation Overview

H2Go launched in six (6) small communities in the Wawase Community-based Health Planning and Services (CHPS) zone in the Kpong sub-district of the Lower Manya Krobo District in the Eastern Region of Ghana on October 24, 2016. Approximately 1,500 people in these communities are being served by 10 H2Go CBAs. A list and map of these communities is listed on page 8.

### H2Go Wawase CHPS Zone Recent Activities

Among approximately 200 children under age 5 during the quarter Jul. 2024 – Sep. 2024:

- 213 illnesses managed in the community by H2Go CBAs
  - 149 malaria; 29 diarrhea; 35 pneumonia/Acute Respiratory Illness (ARI)
- 0 referrals were made to health facilities for serious and life-threatening illnesses
- 376 home visits



The most recent refresher training occurred on March 21-22, 2024. The training was held at Ensign Global College in Kpong, Ghana, and was attended by a total of 15 participants. Participants included Ghana Health Service personnel trained as H2Go facilitators/managers and supervisors, H2Go Wawase CBAs, and H2Go team members, including Dr. Stephen Manortey, Ghana country H2Go Principal Investigator (PI), and Moselle Brown and Gideon Acheampong, Ghana country H2Go Project Coordinators.

## Health 2 Go BCCDP Demonstration Project

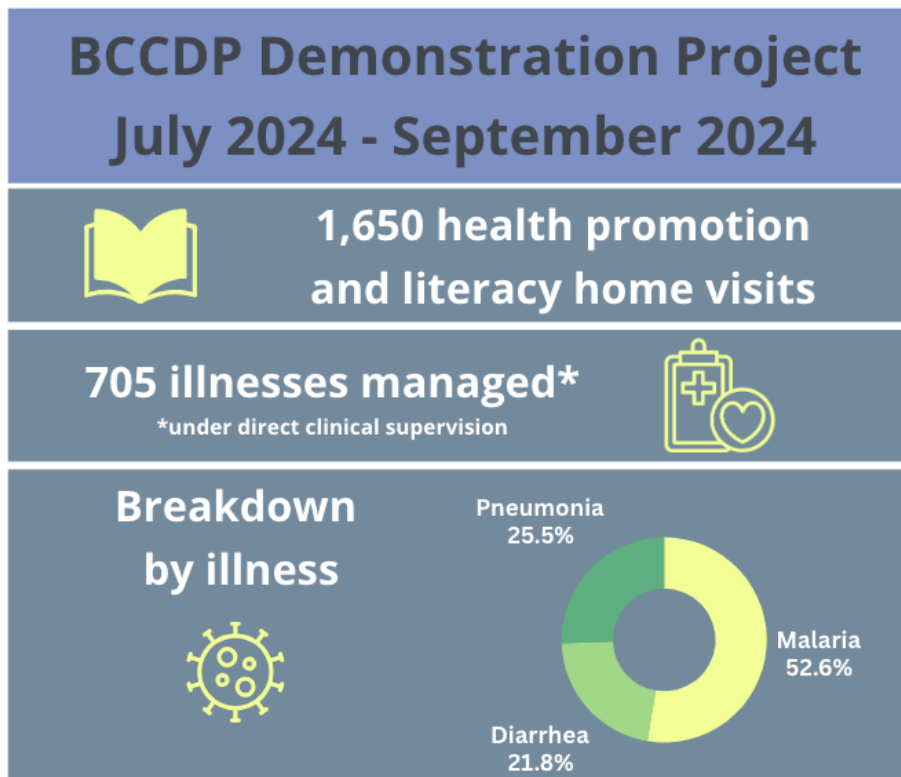
### Implementation Overview

The expansion of H2Go into a larger demonstration project called the Berekuma Community Collaborative Development Program (BCCDP) follows the success of the Kpong Pilot, launched in May 2018. Approximately 20,000 people in 20 rural communities in the Atwima Nwabiagya North District near Kumasi in the Ashanti Region are being served by 28 H2Go CBAs. A list and map of these communities is listed on page 8.

### H2Go BCCDP Recent Activities

Among approximately 2,200 children under age 5 during the quarter Jul. 2024 – Sep. 2024:

- 705 illnesses managed in the community by H2Go CBAs
  - 371 malaria; 154 diarrhea; 180 pneumonia/Acute Respiratory Illness (ARI)
- 27 referrals were made to health facilities for serious and life-threatening illnesses
- 1,650 home visits



The most recent refresher training occurred on May 30-31, 2024. The training was held at the Atwima Nwabiagya North Health Directorate in Kumasi, Ghana, and was attended by a total of 33 participants. Participants included Ghana Health Service personnel trained as H2Go facilitators/managers and supervisors, H2Go BCCDP CBAs, and H2Go team members, including Gideon Acheampong and Moselle Brown, Ghana country H2Go Project Coordinators.

# Health 2 Go Project Results Since Inception

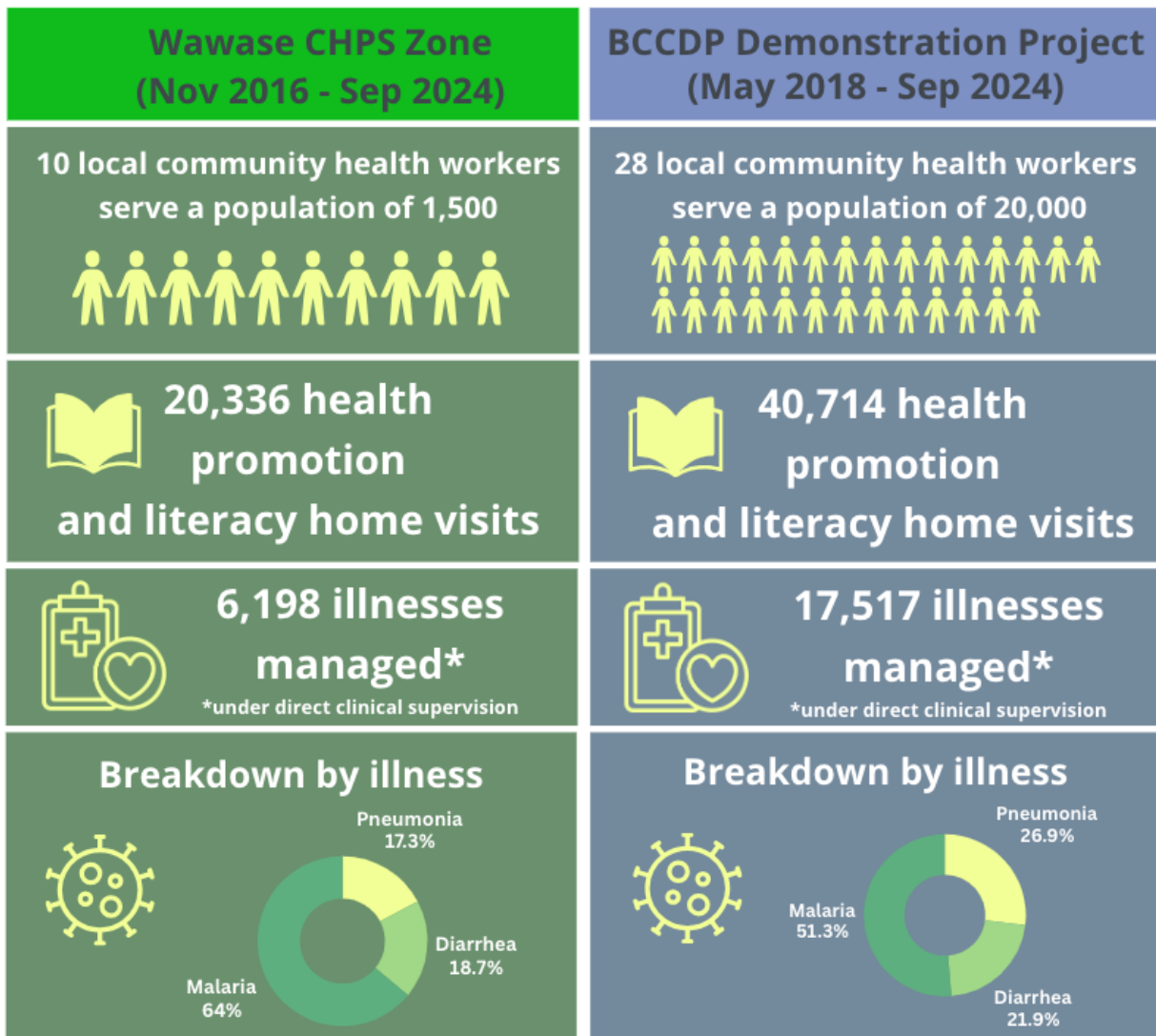
## Results Overview

**Wawase CHPS Zone:** Among approximately 200 children under age 5, (November 2016 – September 2024):

- 6,198 illnesses managed; 3,967 malaria; 1,158 diarrhea; 1,073 pneumonia
- 211 referred to health facilities for serious and life-threatening illnesses
- 20,336 home visits

**BCCDP Demonstration Project:** Among approximately 2,200 children under age 5, (October 2018 – September 2024):

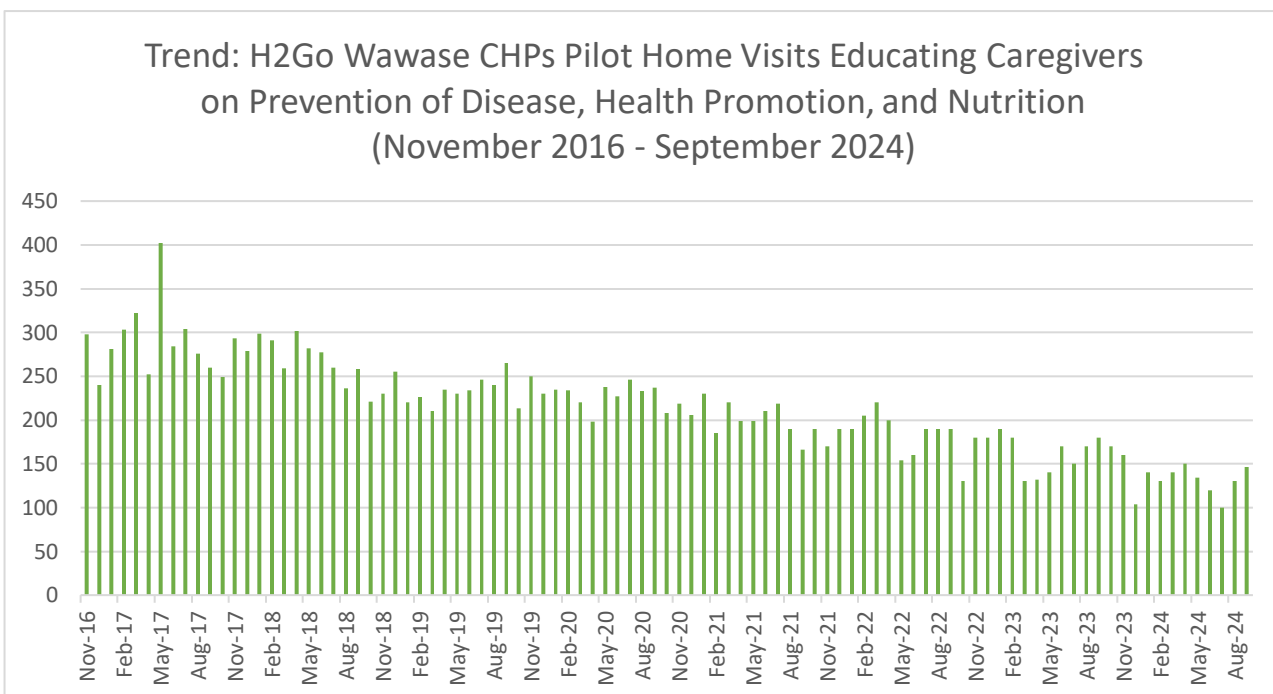
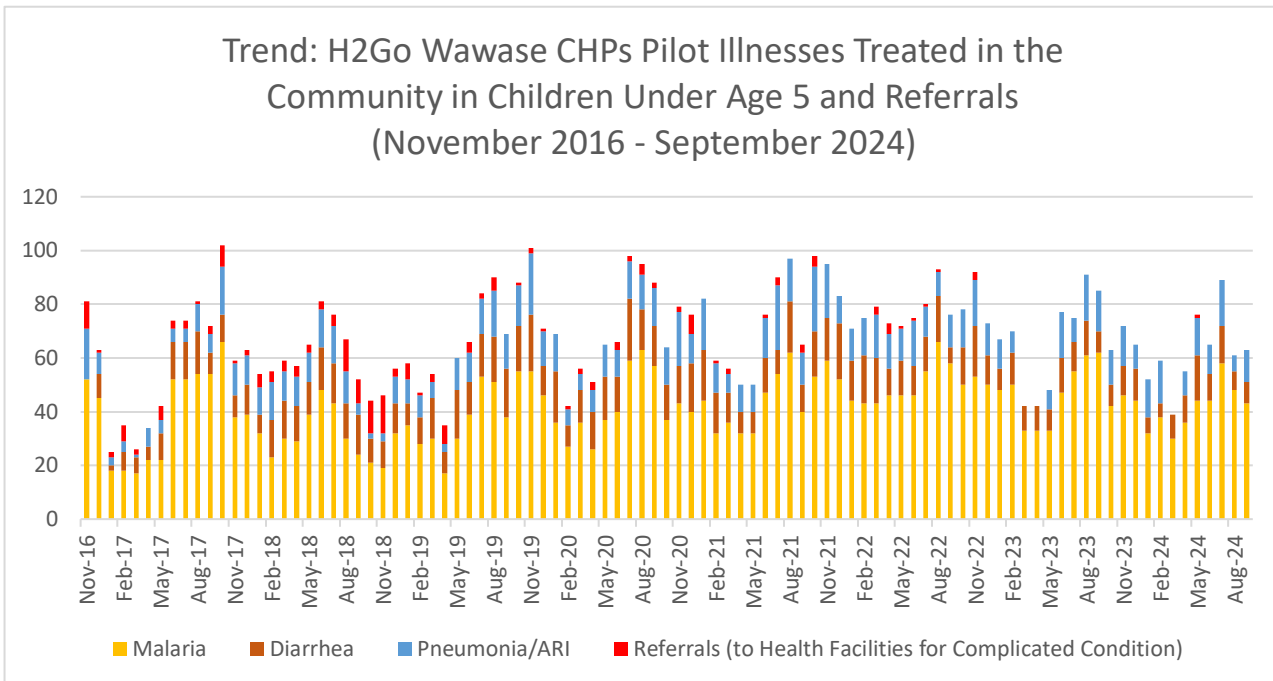
- 17,517 illnesses managed: 8,978 malaria; 3,829 diarrhea; 4,710 pneumonia
- 993 referred to health facilities for serious and life-threatening illnesses
- 40,714 home visits



## Wawase CHPS Zone Trends to Date (November 2016 – September 2024)

Among approximately 200 children under age 5:

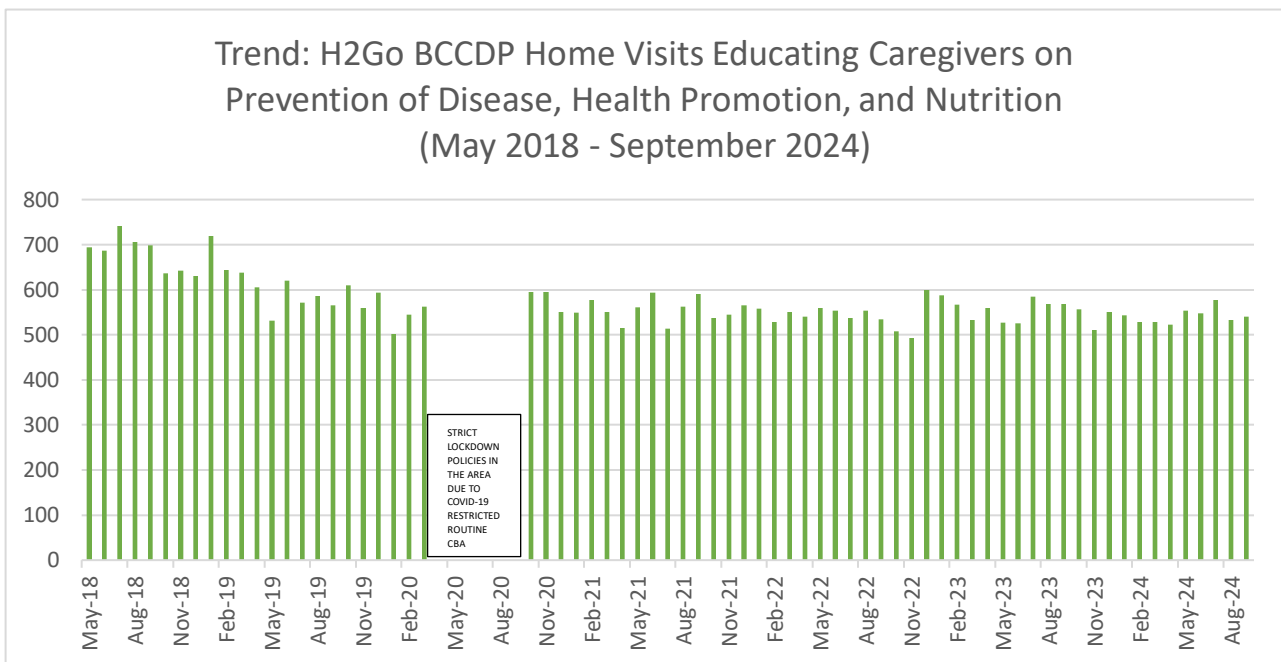
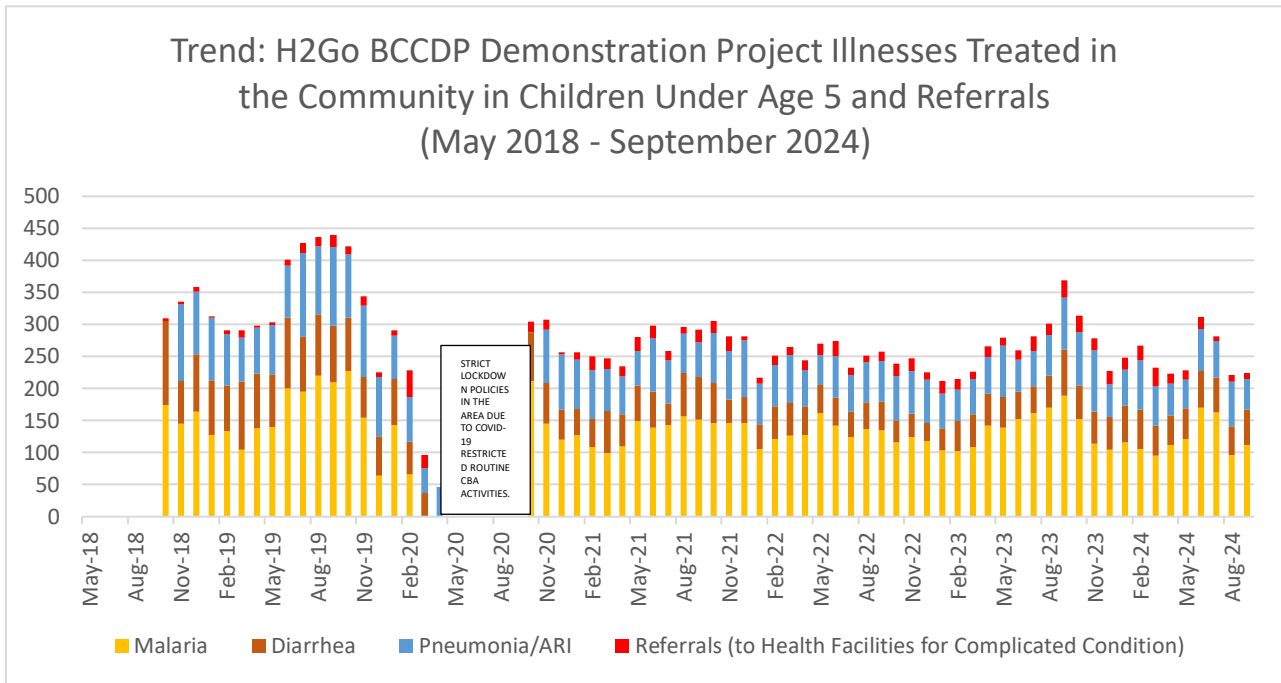
- 6,198 illnesses managed in the community by H2Go Wawase CHPS Zone CBAs
  - 3,967 malaria; 1,158 diarrhea; 1,073 pneumonia/Acute Respiratory Illness (ARI)
- 211 referrals for serious and life-threatening illnesses
- 20,336 home visits



## BCCDP Demonstration Trends to Date (May 2018 – September 2024)

Among approximately 2,200 children under age 5:

- 17,517 illnesses managed in the community by H2Go BCCDP CBAs
  - 8,978 malaria; 3,829 diarrhea; 4,710 pneumonia/Acute Respiratory Illness (ARI)
- 993 referrals for serious and life-threatening illnesses
- 40,714 home visits



\*CBAs did not have medicines until Oct. 2018, but began conducting home visits in May 2018

## Appendix 1

**Figure 1: Wawase CHPS Zone Communities**

Communities include:

1. Aplah
2. Abobeng
3. Wawase
4. Piengua
5. Obelemanya
6. Atotorsi



**Figure 2: BCCDP Demonstration Communities**

Communities include:

1. Boahenkwa I
2. Boahenkwa II
3. Adegya
4. Worapong
5. Atramso
6. Sikayena
7. Achina
8. Atutuma
9. Kwame Marto
10. Ataase
11. Achiase
12. Abira
13. Berekesse
14. Marban
15. Fufuo
16. Barekuma
17. Aninkroma
18. Kumi
19. Adankwame
20. Esaaso

