



HEALTH 2 GO

Progress Report through March 31, 2026

Finalized May 12, 2026

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Health 2 Go Program Overview

Health 2 Go (H2Go) is a community-based primary healthcare program that focuses on improving the health of communities. While the traditional model of healthcare requires people to visit facilities in order to access basic services, H2Go employs the approach of bringing the health system to the doorsteps of families. The program is designed to overcome obstacles that have caused similar programs to fail and to support countries in reaching United Nations' Sustainable Development Goals (SDGs). Specifically, H2Go aims to contribute to SDG targets 3.2, which seeks to reduce child mortality, and 3.8, which aims to achieve universal health coverage.

H2Go is currently implemented in two geographically diverse areas in Ghana – the Wawase CHPS Zone and the Barekese Sub-District. The long-term goals for H2Go are country-wide implementation within Ghana, and the ability to adapt the program for expansion into other countries.

Health 2 Go Goals

- Build community capacity through education and health promotion
- Manage basic illnesses in communities
- Bridge the gap between health system and communities
- Refer complicated illnesses to health facilities

Health 2 Go Mechanisms








- Integration with the broader healthcare system
- Community Health Workers known as Community Based Agents (CBAs)
- World Health Organization (WHO)/UNICEF Integrated Community Case Management of Childhood Illness
- Building from children under age 5 to mothers to families to communities

Health 2 Go Solutions to Common Challenges

COMMON CHALLENGES

- Insufficient training
- Inconsistent access to equipment, medicines, and supplies
- Limited supervision structure
- Disengaged communities
- Disconnected from formal health system
- Poor emphasis on prevention
- Ineffective consumer branding

HEALTH 2 GO SOLUTIONS

-  Ongoing high-quality training
-  Consistent provision of durable equipment, medicines, and supplies
-  Regular supportive supervision
-  Continual community engagement
-  Clear integration into formal health system
-  Prevention, health promotion, and early treatment emphasized
-  Effective consumer branding

Health 2 Go: Wawase CHPS Zone Pilot

Implementation Overview

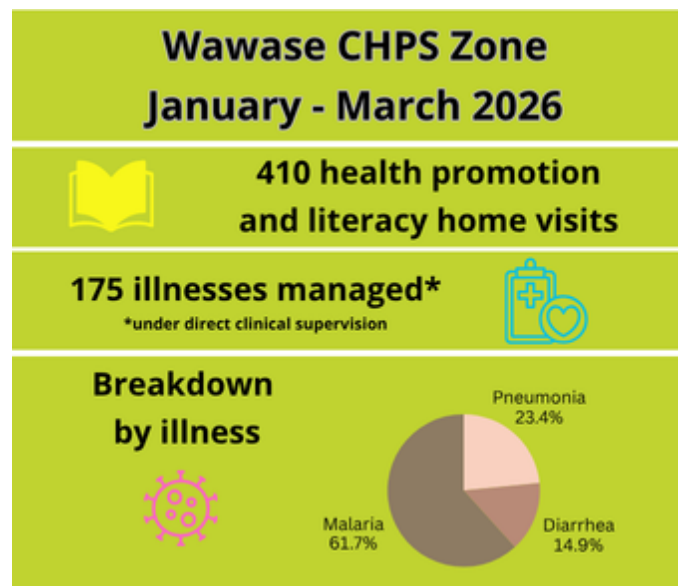
On October 24, 2016, H2Go launched in six (6) small communities in the Wawase CHPS (Community-based Health Planning Services) Zone. The Wawase CHPS Zone is located in the Kpong Sub-District of the Lower Manya Krobo District in the Eastern Region of Ghana. Approximately 1,500 people in these communities are being served by 10 H2Go CBAs. A list and map of these communities is shown on page 8.

H2Go Wawase CHPS Zone Recent Activities

Health Indicators: January – March 2026

Among approximately 200 children under age 5:

- 410 health promotion and literacy home visits took place
- 175 illnesses were managed in the community by H2Go CBAs:
 - 108 malaria
 - 26 diarrhea
 - 41 pneumonia/acute respiratory illness (ARI)
- 0 referrals were made to health facilities for serious and life-threatening illnesses



Community Based Agent (CBA) Training

The most recent CBA competency refresher training occurred on April 22, 2026. The training was held at Ensign Global University in Kpong, Ghana, and was attended by a total of 26 participants. Participants included Ghana Health Service personnel trained as H2Go facilitators/managers and supervisors, H2Go Wawase CBAs, Dr. James Avoka - District Director for the Lower Manya Krobo Region, and H2Go team members, including Professor Stephen Manortey, PhD, MSc (Statistics) - Ghana country H2Go Principal Investigator (PI), Moselle Brown, PA, MPH - Ghana Health2Go Project Coordinator, and Gideon Acheampong, MPH, BSc – Ghana Health2Go Project Assistant Coordinator.

Health 2 Go Barekese Sub-District

Implementation Overview

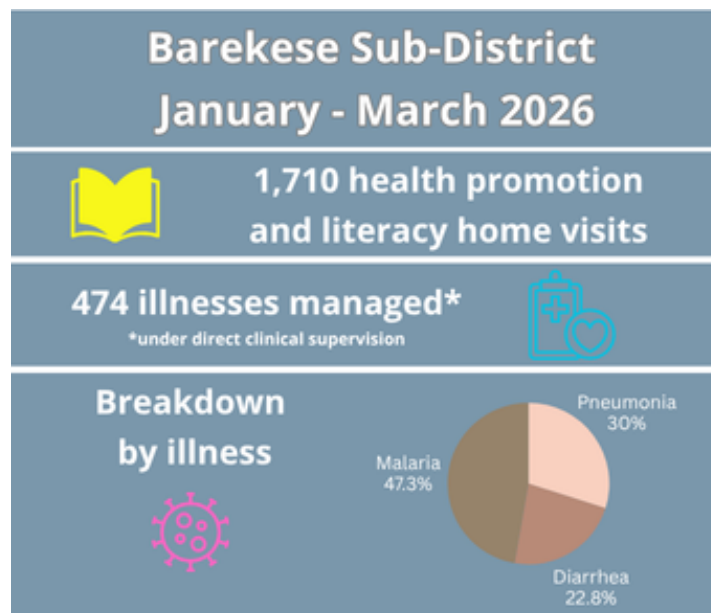
The expansion of H2Go in May 2018 into the Barekese Sub-District, a larger demonstration project called the Barekuma Community Collaborative Development Program (BCCDP), followed the success of the Kpong Pilot site. Approximately 20,000 people in 20 rural communities in the Atwima Nwabiagya North District near Kumasi in the Ashanti Region are being served by 30 H2Go CBAs. A list and map of these communities is shown on page 8.

H2Go Barekese Sub-District Recent Activities

Health Indicators: January – March 2026

Among approximately 2,200 children under age 5:

- 1,710 health promotion and literacy home visits took place
- 474 illnesses were managed in the community by H2Go CBAs:
 - 224 malaria
 - 108 diarrhea
 - 142 pneumonia/acute respiratory illness (ARI)
- 41 referrals were made to health facilities for serious and life-threatening illnesses



Community Based Agent (CBA) Training

The most recent competency refresher training occurred on December 11-12, 2025. The training was held at the Atwima Nwabiagya North Health Directorate in Kumasi, Ghana. Participants included Ghana Health Service personnel trained as H2Go facilitators/managers and supervisors, H2Go Barekese Sub-District CBAs, and H2Go team members, including Gideon Acheampong, MPH, BSc, and Moselle Brown, PA, MPH - Ghana Health2Go Project Coordinators.

Health 2 Go Project Results Since Inception

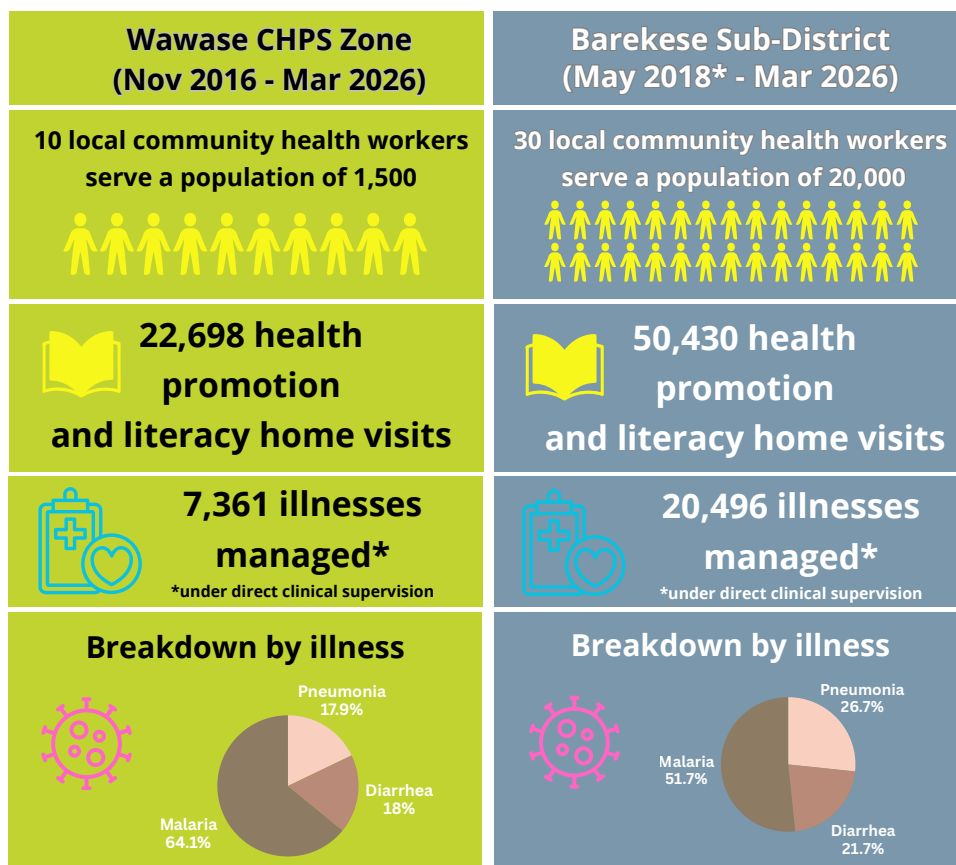
Results Overview

Wawase CHPS Zone: Among approximately 200 children under age 5 from November 2016 to March 2026:

- 22,698 health promotion and literacy home visits have taken place
- 7,361 illnesses have been managed:
 - 4,717 malaria
 - 1,328 diarrhea
 - 1,316 pneumonia/acute respiratory illness (ARI)
- 216 children have been referred to health facilities for serious or life-threatening illnesses

Barekese Sub-District: Among approximately 2,200 children under age 5 from October 2018 to March 2026:

- 50,430 health promotion and literacy home visits have taken place
- 20,496 illnesses have been managed:
 - 10,592 malaria
 - 4,440 diarrhea
 - 5,464 pneumonia/acute respiratory illness (ARI)
- 1,236 children have been referred to health facilities for serious or life-threatening illnesses

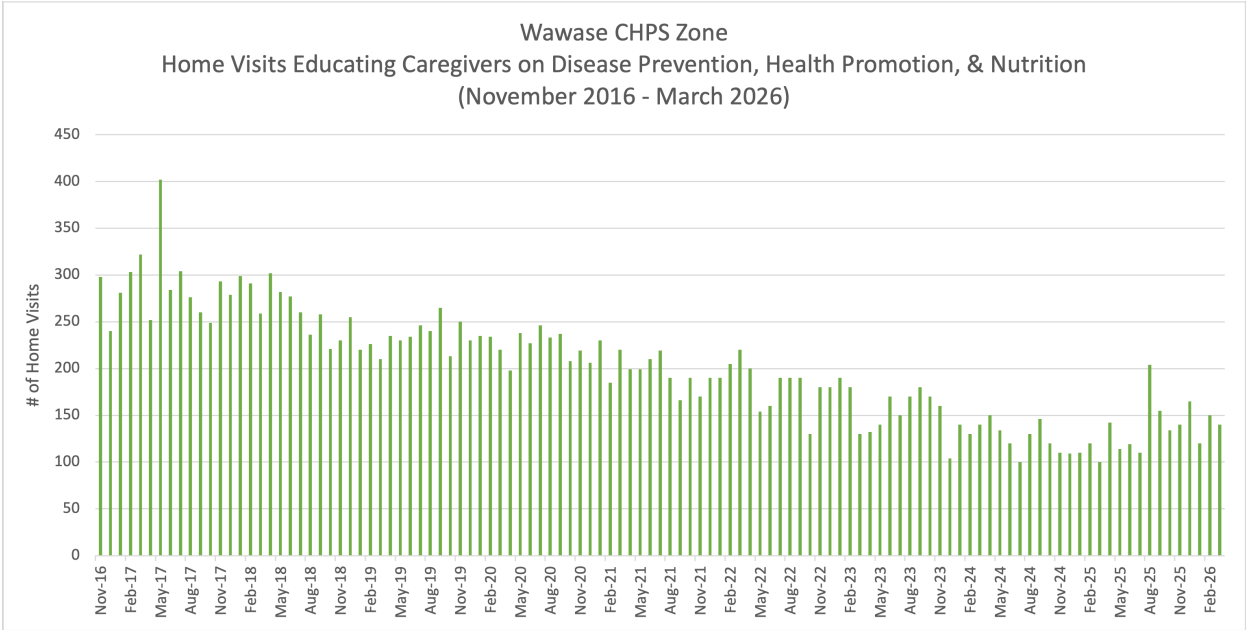
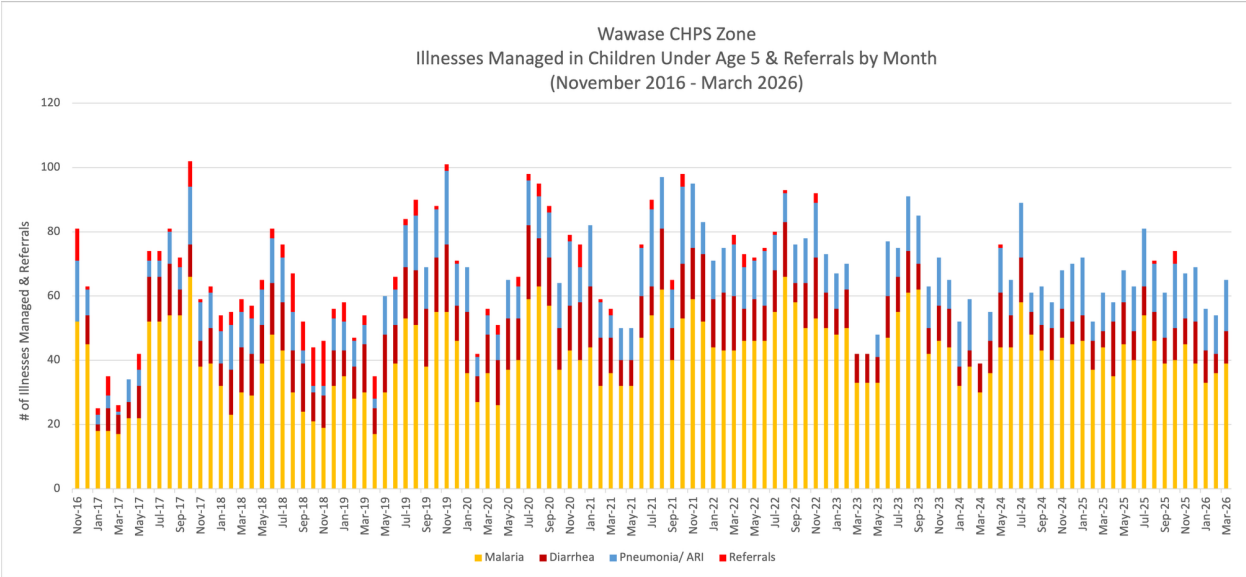


*CBAs did not have medicines until Oct. 2018 but began conducting home visits in May 2018

Wawase CHPS Zone Trends to Date (November 2016 – March 2026)

Among approximately 200 children under age 5:

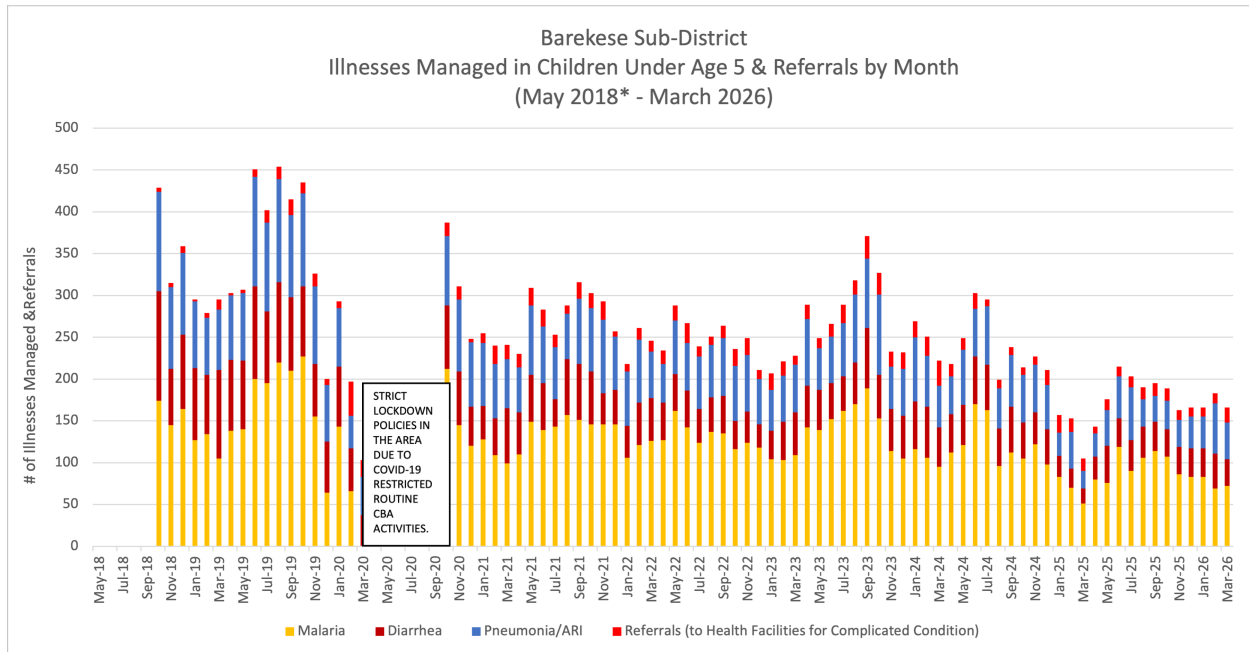
- 22,698 health promotion and literacy home visits have taken place
- 7,361 illnesses have been managed in the community by H2Go Wawase CBAs:
 - 4,717 malaria
 - 1,328 diarrhea
 - 1,316 pneumonia
- 216 children have been referred to health facilities for serious and life-threatening illnesses



Barekese Sub-District Trends to Date (May 2018* – March 2026)

Among approximately 2,200 children under age 5:

- 20,496 illnesses have been managed in the community by H2Go Barekese CBAs
 - 10,592 malaria; 4,440 diarrhea; 5,464 pneumonia
- 1,236 children have been referred to health facilities for serious and life-threatening illnesses
- 50,430 home visits have taken place



*CBAs did not have medicines until Oct. 2018, but began conducting home visits in May 2018

